



-60'

-30'



1 ISOTONIC GEL, 1 GEL OR
1 POWER CRUNCHY BAR
EVERY 40'



2 MEASURING SPOONS IN
500 ML OF WATER
EVERY 60'



FOR SEGMENTS THATN NEED EXTRA BOOST



WITHIN 30'

BEFORE

START

DURING

FINISH

AFTER

PRE SPORT

SLOW RELEASE ENERGY
JELLY WITH CAFFEINE

GEL

HIGHLY
CONCENTRATED
ENERGY GEL

**20 CARBS /
g SERVING**

ISOTONIC GEL

MALTODEXTRIN-
BASED GEL WITH
ISOTONIC FORMULA

**20 CARBS /
g SERVING**

POWER CRUNCHY

ENERGY BAR WITH
19% OF PROTEIN

**23 CARBS /
g SERVING**

LIQUID GEL

FAST ENERGY
LIQUID GEL

**30 CARBS /
g SERVING**

ISOTONIC DRINK

INSTANT DRINK
WITH CARBS AND
ELECTROLYTES

**25 CARBS /
g SERVING**

WP RECOVERY DRINK

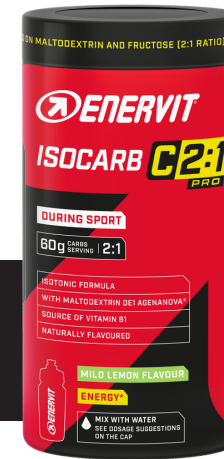
ENERGY RECOVERY
AFTER INTENSE
EFFORTS



3 Carbo chews
AT THE START



1 CARBO GEL OR 1 CARBO JELLY
WITH 2 CARBO CHEWS EVERY 40'



2 MEASURING SPOONS IN 500 ML
OF WATER EVERY 60'



-60'



-30'



WITHIN 30'

BEFORE

START



DURING

FINISH

AFTER

PRE SPORT
SLOW RELEASE
ENERGY JELLY
WITH CAFFEINE

CARBO CHEWS C2:1
MALTODEXTRIN BASED
CHEWS WITH VITAMINS

5 CARBS /
g
1 CHEW

CARBO GEL C2:1
MALTODEXTRIN-FRUCTOSE
BASED ENERGY GEL

40 CARBS /
g
SERVING

CARBO JELLY C2:1
CARBO BASED JELLY
WITH VITAMIN B1

30 CARBS /
g
SERVING

ISOCARB C2:1
CARBO BASED INSTANT
DRINK POWDER

60 CARBS /
g
SERVING

WP RECOVERY DRINK
ENERGY RECOVERY
AFTER INTENSE
EFFORTS



X1

PRE SPORT

Slow release energy jelly



X1

GEL

Highly concentrated energy gel



X1

POWER CRUNCHY

Energy bar with 19% of protein



X1

LIQUID GEL

Fast energy liquid gel with caffeine



X1

ISOTONIC DRINK

Instant drink with carbs and electrolytes



X1

WP RECOVERY DRINK

Energy and muscle recovery after intense efforts



X2

PRE SPORT

Slow release energy jelly



X2

GEL

Highly concentrated energy gel



X2

POWER CRUNCHY

Energy bar with 19% of protein



X2

ISOTONIC GEL

Maltodextrin-based gel with isotonic formula



X2

LIQUID GEL

Fast energy liquid gel with caffeine



X1

ISOTONIC DRINK

Instant drink with carbs and electrolytes



X1

WP RECOVERY DRINK

Energy and muscle recovery after intense efforts



X2

PRE SPORT
Slow release energy jelly



X2

CARBO JELLY C2:1
Carbo based jelly with vitamin b1



X2

CARBO CHEWS C2:1
Maltodextrin based chews with vitamins



X2

CARBO GEL C2:1
Maltodextrin-fructose based energy gel



X1

ISOCARB C2:1
Carbo based instant drink powder



X1

WP RECOVERY DRINK
Energy and muscle recovery after intense efforts



X2

PRE SPORT

Slow release energy jelly



X4

GEL

Highly concentrated energy gel



X4

POWER CRUNCHY

Energy bar with 19% of protein



X3

ISOTONIC GEL

Maltodextrin-based gel with isotonic formula



X3

LIQUID GEL

Fast energy liquid gel with caffeine



X1

ISOTONIC DRINK

Instant drink with carbs and electrolytes



X1

WP RECOVERY DRINK

Energy and muscle recovery after intense efforts



X2

PRE SPORT
Slow release energy jelly



X5

CARBO JELLY C2:1
Carbo based jelly with vitamin b1



X3

CARBO CHEWS C2:1
Maltodextrin based chews with vitamins



X4

CARBO GEL C2:1
Maltodextrin-fructose based energy gel



X1

ISOCARB C2:1
Carbo based instant drink powder



X1

WP RECOVERY DRINK
Energy and muscle recovery after intense efforts



X2

PRE SPORT

Slow release energy jelly



X6

ISOTONIC GEL

Maltodextrin-based gel with isotonic formula



X6

GEL

Highly concentrated energy gel



X6

LIQUID GEL

Fast energy liquid gel with caffeine



X6

POWER CRUNCHY

Energy bar with 19% of protein



X1

ISOTONIC DRINK

Instant drink with carbs and electrolytes



X1

WP RECOVERY DRINK

Energy and muscle recovery after intense efforts



X2

PRE SPORT

Slow release energy jelly



X6

CARBO JELLY C2:1

Carbo based jelly with vitamin b1



X4

GEL

Highly concentrated energy gel



X6

CARBO GEL C2:1

Maltodextrin-fructose based energy gel



X2

CARBO CHEWS C2:1

Fast energy liquid gel with caffeine



X1

ISOCARB C2:1

Carbo based instant drink powder



X4

POWER CRUNCHY

Energy bar with 19% of protein



X1

WP RECOVERY DRINK

Energy and muscle recovery after intense efforts